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# The Riders

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Soul Riders (Book 1)

Seeker

The Riders of Ramapo Pass

Brain Training for Riders

The Riders Come Out at Night

Ashwin (Gideon's Riders, Book #1)

Lost Riders

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The Riders

Riders of the Purple Sage

The Rider's Pain-Free Back

The Riders

The Rider

The Rider's Pain-Free Back Book - New Edition

Riders in the Chariot

The Riders of the Plains

The Riders of High Rock  
Quest of the Earthen

*The Riders*

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*Soul Riders (Book 1)* Hodder & Stoughton

Over 90 percent of the US population seeks help for back pain at one point or another during the course of their life. If you're a horseperson, back pain is of particular concern as it not only robs you of the joys of riding—it threatens your livelihood, as well. From grooming and tacking up, to performing a flawless reining pattern or jumping a clean round, to stacking hay bales or pushing a wheelbarrow, everything we do on and around horses demands a supple, strong, healthy back. Now, in his unique, easygoing style, Dr. Jim Warson—a neurosurgeon who also happens to be a lifelong horseman—provides all the practical information you need to understand the diagnosis and treatment of back pain—whether caused by equestrian pursuits, outside activities, illness, or heredity. More importantly, he shows readers how to prevent back problems before they have a chance to unseat you. This book includes:

- "Normal" back biology and function
- Congenital conditions, trauma, arthritis, and infection
- Understanding symptoms and pinpointing problem areas
- Tack's impact on the physics of riding
- How your horse's conformation can affect your body
- Traditional and alternative treatments and therapies
- Techniques for saddling and mounting without stress
- Recommendations for pregnant riders.

In addition, Dr. Warson provides a section specifically geared toward improving rider flexibility and strength. You'll find step-by-step instructions and photo series for 10 stretches and 8 exercises for a healthy, stress-free back, allowing you to not only enjoy your riding but all your day-to-day activities, whatever they may be.

**Seeker** Simon and Schuster

Step into the universe of the massively popular adventure game *Star Stable*, and follow four friends who discover their magic powers and learn that every girl can be a hero in this fantasy trilogy. *Soul Riders* tells the heroic tale of four young girls who have been chosen by destiny to save the world from the ancient demon: Garnok and his band of dangerous Dark Riders. Lisa is a

teenage girl who is still coming to terms with the tragic loss of her mother in a riding accident and has sworn never to go near a horse again until she met Starshine, a mysterious blue-maned steed who comes to her in dreams. New on the island of Jorvik, Lisa befriends Alex, Linda, and Anne. Under the guidance of mystical druids, they discover they each have a special bond to their horses that gives them magical powers. While trying to balance school, family, and friendships they have to figure out what it means to be a Soul Rider. They are attacked by the Dark Riders and the mysterious Mr. Sands discover that their horses are in danger. Instead of relying on their combined strength, they decide to split up on their quest to find answers and learn to fight back against their enemies. However, will it be too late before they realize their mistake? *Jorvik Calling* is the first installment in the epic, fantasy trilogy, *Soul Riders*, about magic, friendship, and horses bound to thrill all young equestrian fans.

**The Riders of Ramapo Pass** Bantam

Magic, danger, and adventure abound for messenger Karigan G'ladheon in author Kristen Britain's New York Times-bestselling Green Rider fantasy series • "First-rate fantasy." —Library Journal On her long journey home from school after a fight that will surely lead to her expulsion, Karigan G'ladheon ponders her uncertain future. As she trudges through the immense Green Cloak forest, her thoughts are interrupted by the clattering of hooves, as a galloping horse bursts from the woods. The rider is slumped over his mount's neck, impaled by two black-shafted arrows. As the young man lies dying on the road, he tells Karigan he is a Green Rider, one of the legendary messengers of the king of Sacordia. Before he dies, he begs Karigan to deliver the "life and death" message he bears to King Zachary. When she reluctantly he agrees, he makes her swear on his sword to complete his mission, whispering with his dying breath, "Beware the shadow man...". Taking on the golden-winged horse brooch that is the symbol of the Green Riders, Karigan is swept into a world of deadly danger and complex magic, her life forever changed. Compelled by forces she cannot understand, Karigan is accompanied by the silent specter of the fallen messenger and hounded by dark beings bent on seeing that the message, and its reluctant carrier, never reach

their destination.

**Brain Training for Riders** Kit Rocha

Here is the perfect book for beginning riders who are using muscles they never knew they had before, advanced riders who want to stay in top form (especially as they get older), and weather-bound riders who want to be fit when spring arrives. The *Rider's Fitness Program* details a fun and effective six-week program that strengthens the muscles riders use while improving overall balance, flexibility, and coordination. The book features more than 85 exercises designed to help new riders get over the aches and pains of getting started and experienced riders hone their skills and technique and prevent injuries. The routines are flexible, so you can customize the workout you need for jumping, dressage, reining, endurance, polo, or rodeo. The exercises are accompanied by step-by-step photographs that demonstrate how to perform each action properly (with an emphasis on safety). They progress from basic to advanced and are suitable for riders at all fitness levels. The authors also include fundamental information on diet, general health and safety, and clothing and equipment.

**The Riders Come Out at Night** e-artnow

After sealing Sebastian in a dark dimension with the demon Samrael, Daryl loses her visions and must rely on her instincts to lead the riders into a shadowy realm where she fears she may have to use evil powers in order to rescue him.

**Ashwin (Gideon's Riders, Book #1)** U of Nebraska Press

From the Polk Award-winning investigative duo comes a critical look at the systematic corruption and brutality within the Oakland Police Department, and the more than two-decades-long saga of attempted reforms and explosive scandals. No municipality has been under court oversight to reform its police department as long as the city of Oakland. It is, quite simply, the edge case in American law enforcement. *The Riders Come Out at Night* is the culmination of over twenty-one years of fearless reporting. Ali Winston and Darwin BondGraham shine a light on the jackbooted police culture, lack of political will, and misguided leadership that have conspired to stymie meaningful reform. The authors trace the history of Oakland since its inception through the lens of the

city's police department, through the Palmer Raids, McCarthyism, and the Civil Rights struggle, the Black Panthers and crack eras, to Oakland's present-day revival. Readers will be introduced to a group of sadistic cops known as "The Riders," whose disregard for the oath they took to protect and serve is on full, tragic, infuriating display. They will also meet Keith Batt, a wide-eyed rookie cop turned whistleblower, who was unwittingly partnered with the leader of the Riders. Other compelling characters include Jim Chanin and John Burris, two civil rights attorneys determined to see reform through, in spite of all obstacles. And Oakland's deep history of law enforcement corruption, reactionary politics, and social movement organizing is retold through historical figures like Black Panther Huey Newton, drug kingpin Felix Mitchell, district attorney and future Supreme Court Justice Earl Warren, and Mayor Jerry Brown. *The Riders Come Out at Night* is the story of one city and its police department, but it's also the story of American policing—and where it's headed.

*Lost Riders* Tor Teen

Did you know there is an area of your brain known as the "Lizard Brain" that thinks only about the immediate moment and your means of survival? Yes, in certain circumstances, your "Rational Brain" can effectively "shut down" and you are at the mercy of a reptile ... dry-mouthed, sweating, queasy, unable to think clearly—even though you know better. When does the Lizard Brain run the show? It can happen in any number of unfamiliar, uncomfortable, challenging, or "stressful" riding situations. But here's the thing: with the right kind of training, you can learn to manage the reptile within, which leads to greater confidence with horses, better riding performance, and ultimately, happiness at the barn, at shows, and everywhere in between. Andrea Monsarrat Waldo teaches you how to: handle uncomfortable emotions, such as fear, anger, anxiety, and embarrassment; hone your mental game and focus your riding time to get the most out of your hours in the saddle; care for your emotional injuries the same way you would care for an injured horse; and produce a state of "Focused Calm" and tap into the skills you have (whether you know it or not!) to ensure an outstanding ride.

*The Riders* Tor Teen

In *The Riders*, photographer and author Henry von Wartenberg (Art of BMW Motorcycles) documents motorcycle culture around the world with stunning images created in more than 30 countries

over the past 20 years.

*Rise of the Witch* Motorbooks International

Lance Kilkenny has a debt to pay, and he isn't about to let the friend who saved his life go down in a range war. But when Kilkenny tries to stop the fighting, he finds there's more at stake than land or wire. Whoever is stirring up trouble has big ideas for the Live Oak country—and an army of hired guns to back them up. Nita Riordan, the beautiful and fiery owner of the Apple Canyon Saloon, warns Lance that the mysterious man orchestrating the conflict wants him dead. Lance realizes that if he doesn't watch his step, he'll pay the debt he owes with his own blood.

*The Riders of the Sidhe* Bloomsbury Publishing USA

Fred Scully is determined to carve a new life for himself and his young family in Ireland. For months he has laboured alone to make their dilapidated cottage habitable, and now his wife and child are coming to meet him: this will be their fresh start. But when he arrives at the airport to collect them, only his small daughter steps off the plane . . . So begins Tim Winton's *The Riders*, shortlisted for the Booker Prize. This is Scully's desperate journey across Europe, trying to track down the wife he comes to realize he didn't know.

*The Rider's Fitness Program* Penguin Group Australia

"*The Riders of Ramapo Pass*" by Dean L. Heffernan. Published by Good Press. Good Press publishes a wide range of titles that encompasses every genre. From well-known classics & literary fiction and non-fiction to forgotten—or yet undiscovered gems—of world literature, we issue the books that need to be read. Each Good Press edition has been meticulously edited and formatted to boost readability for all e-readers and devices. Our goal is to produce eBooks that are user-friendly and accessible to everyone in a high-quality digital format.

*Dirt Music* Storey Publishing

Patrick White's brilliant 1961 novel, set in an Australian suburb, intertwines four deeply different lives. An Aborigine artist, a Holocaust survivor, a beatific washerwoman, and a childlike heiress are each blessed—and stricken—with visionary experiences that may or may not allow them to transcend the machinations of their fellow men. Tender and lacerating, pure and profane, subtle and sweeping, *Riders in the Chariot* is one of the Nobel Prize winner's boldest books.

**The Riders, the Simms, and All Their Kin** Bantam

Winner of The Miles Franklin Literary Award, The Christina Stead Award, WA Premier's Book of the Year, Book Data/ABA Book of the Year Award, Goodreading Award-Readers Choice Book of the Year Set in the dramatic landscape of Western Australia, *Dirt Music* tells the story of Luther Fox, a broken man who makes his living as an illegal fisherman—a shamateur. Before everyone in his family was killed in a freak rollover, Fox grew melons and counted stars and loved playing his guitar. Now, his life has become a "project of forgetting." Not until he meets Georgie Jutland, the wife of White Point's most prosperous fisherman, does Fox begin to dream again and hear the dirt music—"anything you can play on a verandah or porch," he tells Georgie, "without electricity." Like the beat of a barren heart, nature is never silent. Ambitious and perfectly calibrated, *Dirt Music* resonates with suspense, emotion, and timeless truths.

**Riders** Trafalgar Square Books

"Over the last 60 years, more has been done in Oakland to reform policing than any other American city—and yet, Oakland has failed to reign in the tendencies of its police to prey upon, rather than protect, its communities. Why is this, and what does it mean both for Oakland, and for America? *THE RIDERS COME OUT AT NIGHT* will be the first authoritative account of the Oakland Police Department's troubling history of violence, secrecy, and mismanagement, and the city's unfulfilled promise to implement constitutional policing. By examining cases of police violence and corruption in one of America's most iconic cities, the Polk Award-winning investigative duo, Ali Winston & Darwin BondGraham, illustrate why criminal justice reform has proven an elusive goal for the entire nation. Their investigation will introduce readers to "The Riders," a band of corrupt cops running riot through the city, and to Keith Batt, a "fresh out of the academy" rookie assigned to patrol with the Riders. Winston & BondGraham deftly maneuver between the worlds of intransigent police culture to City Hall, where a lack of political will to see through reforms (and local prosecutors who failed to hold officers accountable) conspire to keep these cycles of brutality in place. Through never-before-seen reporting and interviews, the authors paint a portrait of a city—and nation—in crisis, and the steps needed to finally, once and for all, effectively address policing in the United States"—

*The Little Riders* Andrews McMeel Publishing

Hunter Steele continues his adventures in Arachnia, an underground world with fierce warriors that ride huge, telepathic spiders.

Riders Simon and Schuster

Chronicles the eighteen-month operation of the Pony Express, explaining why and how it was created, describing the challenges faced by riders, and discussing.

Riders of the Pony Express Astra Publishing House

Descendants and ancestors of Simms family of Simms Point, Chesapeake Bay.

*The Riders of High Rock* Pan Macmillan

A story of separation and the strength of family, *Lost Riders* is a powerful and thought-provoking novel from award-winning author Elizabeth Laird. Taken from their home in Pakistan to work in the Persian Gulf, eight-year-old Rashid and his little brother Shari cling to each other. Then they are separated and forced to become jockeys in the lucrative camel-racing business. Rashid is starved and worked to exhaustion by harsh supervisors - but he has a talent for racing and quickly becomes his stable's star jockey. Soon he begins to forget what life was like when he had a proper home. He almost begins to forget about Shari . . .

*Riders of the Purple Sage* Simon and Schuster

THE RIDER describes one 150-kilometre race in just 150 pages. In the course of the narrative, we get to know the forceful, bumbling Lebusque, the aesthete Barthélemy, the young Turk Reilhan and the mysterious 'rider from Cycles Goff'. Krabbé battles with and against each of them in turn, failing on the descents, shining on the climbs, suffering on the (false) flats. The outcome of the race is, in fact, merely the last stanza of an exciting and too-brief paean to stamina, suffering and the redeeming power of humour. This is not a history of road racing, a hagiography of the European greats or even a factual account of his own amateur cycling career. Instead, Krabbé allows us to race with him, inside his skull as it were, during a mythical Tour de Mont Aigoual.

*The Riders Come Out at Night* Houghton Mifflin Harcourt

**\*\*WARNING: THIS BOOK CONTAINS A CLIFFHANGER\*\*** As with most beginnings, it started with death. When I had nothing left to lose, I traveled to the hut in the woods; the one no one dared approach. The witch who lived there recognized the darkness in my soul and took me under her wing-to witness her reign of terror firsthand and eventually, to inherit her legacy as my own. Now I'm

the monster they fear; the one humans avoid at all costs. In this welcome isolation, I've attempted to forget my past and the future that was taken from me. Until three men appear, somehow able to break through my protective wards and see me in my true form. While resistant to their intrusion, I recognize they may be the ones I've been waiting for-the ones I need to ascend to my full power. Too bad I would rather grind their bones than invite them in. But something is mysteriously devouring the forest, and I suspect the threat may be the same one I barely escaped many moons ago. If it is, he will find me a more worthy opponent than the last time we met. I am the Yaga and I may be broken, but my edges are sharp. -- The Yaga's Riders is based on the folklore of Baba Yaga, with creative liberties taken. The Rise of the Witch is the first book in a steamy, paranormal romance saga featuring alphaholes, mysterious forces in magical woods, and a slightly frightening heroine who never has to choose just one man. M/MFM Multiple POV This series is meant for readers 18 and over. Beware: Cliffys ahead! Possible triggers: Swearly dialogue Graphic sex, including kink and various edgeplay Gore and violence Reference to past sexual assault and pregnancy loss General weirdness and medium-dark elements