
Why Love Matters

Why Birth Trauma Matters

Parenting Matters

Political Emotions

Love What Matters

Why Children Matter

Baby Knows Best

The Forgotten Art of Love

Meaning in Life and Why It Matters

Why Love Matters

How We Love Matters

Why Marriage Matters

Love Matters More

Black Love Matters

Love Matters

Black Love Matters

The Five Love Languages

Why Solange Matters

Why Homer Matters
Why Love Matters : how Affection Shapes a Baby's Brain
Size Matters: Why We Love to Hate Big Food
Why Buffy Matters
Being There
Why Music Matters
Love Matters Most
Challenging the Politics of Early Intervention
Why Love Matters
Talk of Love
Why Honor Matters
The Snowy Day
Simply Said
From Broken Attachments to Earned Security
The Selfish Society
Mastering the Art of Quitting
Love You Forever
How Mothers Love
Why We Make Things and Why It Matters
Why Patti Smith Matters

Why Afterschool Matters
Emotional Intelligence
Why Motherhood Matters

*Why Love
Matters*

*Downloaded from
content.consello.com
by guest*

MILA GALVAN

Why Birth Trauma Matters
Routledge

Most people, including philosophers, tend to classify human motives as falling into one of two categories: the egoistic or the altruistic, the self-interested or the moral. According to Susan Wolf, however, much of what motivates us does not

comfortably fit into this scheme. Often we act neither for our own sake nor out of duty or an impersonal concern for the world. Rather, we act out of love for objects that we rightly perceive as worthy of love--and it is these actions that give meaning to our lives. Wolf makes a compelling case that, along with happiness and morality, this kind of meaningfulness constitutes a distinctive

dimension of a good life. Written in a lively and engaging style, and full of provocative examples, *Meaning in Life and Why It Matters* is a profound and original reflection on a subject of permanent human concern.

Parenting Matters

Policy Press

#1 BESTSELLER • The groundbreaking book that redefines what it means to be smart, with a new introduction by the author

“A thoughtfully written, persuasive account explaining emotional intelligence and why it can be crucial.”—USA Today Everyone knows that high IQ is no guarantee of success, happiness, or virtue, but until Emotional Intelligence, we could only guess why. Daniel Goleman's brilliant report from the frontiers of psychology and neuroscience offers startling new insight into our “two minds”—the rational and the emotional—and how they

together shape our destiny. Drawing on groundbreaking brain and behavioral research, Goleman shows the factors at work when people of high IQ flounder and those of modest IQ do surprisingly well. These factors, which include self-awareness, self-discipline, and empathy, add up to a different way of being smart—and they aren't fixed at birth. Although shaped by childhood experiences, emotional intelligence can be nurtured and strengthened throughout

our adulthood—with immediate benefits to our health, our relationships, and our work. The twenty-fifth-anniversary edition of Emotional Intelligence could not come at a better time—we spend so much of our time online, more and more jobs are becoming automated and digitized, and our children are picking up new technology faster than we ever imagined. With a new introduction from the author, the twenty-fifth-anniversary edition prepares readers, now more than ever, to reach

their fullest potential and stand out from the pack with the help of EI. *Political Emotions* Penguin Increasingly, educational researchers and policy-makers are finding that extracurricular programs make a major difference in the lives of disadvantaged youth, helping to reduce the infamous academic attainment gap between white students and their black and Latino peers. Yet studies of these programs typically focus on how they improve the average academic

performance of their participants, paying little attention to individual variation. *Why Afterschool Matters* takes a different approach, closely following ten Mexican American students who attended the same extracurricular program in California, then chronicling its long-term effects on their lives, from eighth grade to early adulthood. Discovering that participation in the program was life-changing for some students, yet had only a minimal impact on others,

sociologist Ingrid A. Nelson investigates the factors behind these very different outcomes. Her research reveals that while afterschool initiatives are important, they are only one component in a complex network of school, family, community, and peer interactions that influence the educational achievement of disadvantaged students. Through its detailed case studies of individual students, this book brings to life the challenges marginalized youth en

route to college face when navigating the intersections of various home, school, and community spheres. *Why Afterschool Matters* may focus on a single program, but its findings have major implications for education policy nationwide.

Love What Matters

National Academies Press
When we think about trauma and PTSD we tend to think about war and conflict. But around a third of women feel some part of their birth was traumatic. This

experience can impact on their mental and physical health, their relationships and future plans. In *Why Birth Trauma Matters*, Dr Emma Svanberg, clinical psychologist and co-founder of *Make Birth Better*, explores what happens to those who go through a bad birth. She explains in detail how birth trauma occurs, examines the wide-ranging impact on all of those involved in birth, and looks at treatments and techniques to aid recovery. By drawing on her own research and the

work of experts in the field, and sharing the first-hand experiences of women, she shows how it is possible to begin to move on.

Why Children Matter

Zondervan

The 2011 John Bowlby Memorial Conference, 'From Broken Attachments to Earned Security - The Role of Empathy in Therapeutic Change', focused on what needs to take place to facilitate empathy and attunement and ultimately the achievement of earned

security. The conference posed the challenge of how to re-establish a secure sense of self, mutuality, and the capacity for inter/intra-subjectivity when difficulties in empathy and attunement exist as a result of relational trauma. This can be between parent and child, within adult relationships, between client and therapist, or in organisational contexts. The outstanding collection of papers in this volume make a significant contribution to the field of

attachment and our understanding of how child rearing affects each aspect of our lives, from the interpersonal to the organisational and societal. Each paper moves beyond the academic and theoretical to provide answers to the many difficult questions raised at the conference. **Baby Knows Best** Bantam
Patti Smith arrived in New York City at the end of the Age of Aquarius in search of work and purpose. What she found—what she fostered—was a

cultural revolution. Through her poetry, her songs, her unapologetic vocal power, and her very presence as a woman fronting a rock band, she kicked open a door that countless others walked through. No other musician has better embodied the “nothing-to-hide” rawness of punk, nor has any other done more to nurture a place in society for misfits of every stripe. Why Patti Smith Matters is the first book about the iconic artist written by a woman. The veteran music journalist

Caryn Rose contextualizes Smith's creative work, her influence, and her wide-ranging and still-evolving impact on rock and roll, visual art, and the written word. Rose goes deep into Smith's oeuvre, from her first album, *Horses*, to acclaimed memoirs operating at a surprising remove from her music. The portrait of a ceaseless inventor, *Why Patti Smith Matters* rescues punk's poet laureate from "strong woman" clichés. Of course Smith is strong. She is also a nuanced thinker. A maker of

beautiful and challenging things. A transformative artist who has not simply entertained but also empowered millions. *The Forgotten Art of Love* University of Chicago Press
 Marriage should be based on love, right? But does it seem as though you and your spouse are speaking two different languages? #1 New York Times bestselling author Dr. Gary Chapman guides couples in identifying, understanding, and speaking their spouse's primary love language-

quality time, words of affirmation, gifts, acts of service, or physical touch. By learning the five love languages, you and your spouse will discover your unique love languages and learn practical steps in truly loving each other. Chapters are categorized by love language for easy reference, and each one ends with simple steps to express a specific language to your spouse and guide your marriage in the right direction. A newly designed love languages assessment will help you understand

and strengthen your relationship. You can build a lasting, loving marriage together. Gary Chapman hosts a nationally syndicated daily radio program called A Love Language Minute that can be heard on more than 150 radio stations as well as the weekly syndicated program Building Relationships with Gary Chapman, which can both be heard on fivelovelanguages.com. The Five Love Languages is a consistent New York Times bestseller - with over 5 million copies sold

and translated into 38 languages. This book is a sales phenomenon, with each year outselling the prior for 16 years running! Meaning in Life and Why It Matters Moody Publishers Black Love Matters is an in-depth qualitative analysis that focuses on a diverse group of adult black men and their attitudes towards behavior in marriage and romantic relationships. To give voice to the men's narratives, Black Love Matters follows the men for four years, chronicling the experiences and the

circumstances shaping their relationship trajectories. Highlights include discussions related to the roles that sex, infidelity, intimacy, trauma, family of origin, masculinity, and environmental factors play in the men's attitudes and behaviors. Given the dearth of literature on black men featuring first-hand accounts from them, Black Love Matters makes a significant contribution to the existing literature that seems to be disproportionately

focused on implicating black men in discussions of what ill their families and communities.

Why Love Matters

University of Texas Press
Talk of love surrounds us, and romance is a constant concern of popular culture. Ann Swidler's *Talk of Love* is an attempt to discover how people find and sustain real love in the midst of that talk, and how that culture of love shapes their expectations and behavior in the process. To this end, Swidler conducted extensive interviews with

Middle Americans and wound up offering us something more than an insightful exploration of love: *Talk of Love* is also a compelling study of how much culture affects even the most personal of our everyday experiences.

How We Love Matters

Bloomsbury Publishing
A controversial call to put honor at the center of morality To the modern mind, the idea of honor is outdated, sexist, and barbaric. It evokes Hamilton and Burr and pistols at dawn, not visions of a well-organized

society. But for philosopher Tamler Sommers, a sense of honor is essential to living moral lives. In *Why Honor Matters*, Sommers argues that our collective rejection of honor has come at great cost. Reliant only on Enlightenment liberalism, the United States has become the home of the cowardly, the shameless, the selfish, and the alienated. Properly channeled, honor encourages virtues like courage, integrity, and solidarity, and gives a

sense of living for something larger than oneself. Sommers shows how honor can help us address some of society's most challenging problems, including education, policing, and mass incarceration. Counterintuitive and provocative, *Why Honor Matters* makes a convincing case for honor as a cornerstone of our modern society.

Why Marriage Matters

Harlequin

Raise self-confident, self-reliant children using the RIE (Resources for Infant

Educators) Approach. Your baby knows more than you think. That's the heart of the principles and teachings of Magda Gerber, founder of RIE (Resources for Infant Educators), and *Educaring*. *Baby Knows Best* is based on Gerber's belief in babies' natural abilities to develop at their own pace, without coaxing from helicoptering or hovering parents. The *Educaring* Approach helps parents see their infants as competent people with a growing ability to

communicate, problem-solve, and self-soothe. *Baby Knows Best* is a comprehensive resource that shows parents how to respond to their babies' cues and signals; how to develop healthy sleep habits; why babies need uninterrupted playtime; and how to set clear, consistent limits. The result? More relaxed parents and more confident, self-reliant children.

Love Matters More John Wiley & Sons

Why Love Matters explains why love is

essential to brain development in the early years of life, particularly to the development of our social and emotional brain systems, and presents the startling discoveries that provide the answers to how our emotional lives work. Sue Gerhardt considers how the earliest relationship shapes the baby's nervous system, with lasting consequences, and how our adult life is influenced by infancy despite our inability to remember babyhood. She shows how the development of the

brain can affect future emotional well being, and goes on to look at specific early 'pathways' that can affect the way we respond to stress and lead to conditions such as anorexia, addiction, and anti-social behaviour. *Why Love Matters* is a lively and very accessible interpretation of the latest findings in neuroscience, psychology, psychoanalysis and biochemistry. It will be invaluable to psychotherapists and psychoanalysts, mental health professionals,

parents and all those concerned with the central importance of brain development in relation to many later adult difficulties.

Black Love Matters

Penguin

Find out why the happiest, most successful people have the ability both to persist and to quit. In a culture that perceives quitting as a last resort and urges us to hang in, *Mastering the Art of Quitting* tackles our tendencies to overanalyze, ruminate, and put a positive spin on

goals that have outlived their usefulness.

Bestselling author Peg Streep and psychotherapist Alan Bernstein demonstrate that persistence alone isn't always the answer. We also need to be able to quit to get the most out of life. They reveal simple truths that apply to goal setting and achievement in all areas of life, including love, relationships, and work: Quitting promotes growth and learning, as well as the ability to frame new goals. Without the ability

to give up, most people will end up in a discouraging loop. The most satisfied people know when it's time to stop persisting and start quitting. Quitting is a healthy, adaptive response when a goal can't be reached. Featuring compelling stories of people who successfully quit, along with helpful questionnaires and goal maps to guide you on the right path, *Mastering the Art of Quitting* allows you to evaluate whether your goals are working for or

against you, and whether you need to rechart certain aspects of your life. When is it time to stop persisting and start quitting? Take a moment and answer the following questions. Just thinking about the answers will give you insight into your ability to quit artfully and restart your life. Do you believe that "winners never quit and quitters never win"? How realistic are you when it comes to setting goals? What matters more: staying the course or exploring new possibilities in life? How

much of your sense of self relies on other people's judgments? Do you tend to hang in longer than you should, even when you're unhappy? When you try something new, do you focus on the effort you have to put in or the possibility of failure? Are you a procrastinator or a delayer when it comes to getting things done? How much do you worry about making a mistake? Do you second-guess yourself? How hard is it for you to get over a setback?
Love Matters Rutgers University Press

Listen to David Hesmondhalgh discuss the arguments at the core of 'Why Music Matters' with Laurie Taylor on BBC Radio 4's Thinking Allowed here. In what ways might music enrich the lives of people and of societies? What prevents it from doing so? *Why Music Matters* explores the role of music in our lives, and investigates the social and political significance of music in modern societies. First book of its kind to explore music through a variety of theories and approaches

and unite these theories using one authoritative voice Combines a broad yet theoretically sophisticated approach to music and society with real clarity and accessibility A historically and sociologically informed understanding of music in relation to questions of social power and inequality By drawing on both popular and academic talk about a range of musical forms and practices, readers will engage with a wide musical terrain and a wealth of case studies

Black Love Matters Pinter & Martin Ltd

Martha Nussbaum asks: How can we sustain a decent society that aspires to justice and inspires sacrifice for the common good? Amid negative emotions endemic even to good societies, public emotions rooted in love--intense attachments outside our control--can foster commitment to shared goals and keep at bay the forces of disgust and envy.

The Five Love Languages
Little, Brown Spark

Winner of the 1963 Caldecott Medal! No book has captured the magic and sense of possibility of the first snowfall better than *The Snowy Day*. Universal in its appeal, the story has become a favorite of millions, as it reveals a child's wonder at a new world, and the hope of capturing and keeping that wonder forever. The adventures of a little boy in the city on a very snowy day. "Keats's sparse collage illustrations capture the wonder and beauty a snowy day can bring to a

small child."—Barnes & Noble "Ezra Jack Keats's classic *The Snowy Day*, winner of the 1963 Caldecott Medal, pays homage to the wonder and pure pleasure a child experiences when the world is blanketed in snow."—Publisher's Weekly "The book is notable not only for its lovely artwork and tone, but also for its importance as a trailblazer. According to Horn Book magazine, *The Snowy Day* was "the very first full-color picture book to feature a small black hero"—yet another

reason to add this classic to your shelves. It's as unique and special as a snowflake."—Amazon.com

Why Solange Matters

Routledge

An incisive, intersectional essay anthology that celebrates and examines romance and romantic media through the lens of Black readers, writers, and cultural commentators, edited by Book Riot columnist and librarian Jessica Pryde. Romantic love has been one of the most essential elements of storytelling for centuries. But for

Black people in the United States and across the diaspora, it hasn't often been easy to find Black romance joyfully showcased in entertainment media. In this collection, revered authors and sparkling newcomers, librarians and academicians, and avid readers and reviewers consider the mirrors and windows into Black love as it is depicted in the novels, television shows, and films that have shaped their own stories. Whether personal reflection or cultural

commentary, these essays delve into Black love now and in the past, including topics from the history of Black romance to social justice and the Black community to the meaning of desire and desirability. Exploring the multifaceted ways love is seen—and the ways it isn't—this diverse array of Black voices collectively shines a light on the power of crafting happy endings for Black lovers. Jessica Pryde is joined by Carole V. Bell, Sarah Hannah Gomez, Jasmine Guillory, Da'Shaun

Harrison, Margo
Hendricks, Adriana
Herrera, Piper Huguley,
Kosoko Jackson, Nicole M.
Jackson, Beverly Jenkins,
Christina C. Jones, Julie
Moody-Freeman, and Allie
Parker in this collection.

Why Homer Matters

Piatkus

Perfect for Valentine's
Day and a heartwarming
read for the cold winter
months, this cozy animal
story explores the
universal theme of a
mother's love for her
child. When a polar bear
leaves the safety and
warmth of her cave to

travel all over a frozen
wonderland, she must be
looking for something
very important. Could it
be delicious silver
salmon? A view of the
swirling winter sky? A bit
of gold? Of course, she is
in search of the most
precious thing of all: her
lost little cub. In this
touching story, readers
will instantly be enamored
with the sweeping
illustrations of winter
landscapes, endearing
polar bear characters, and
the resonant message
that a mother's love
matters most.

*Why Love Matters : how
Affection Shapes a Baby's
Brain* Firefly Books

For years, Christians have
argued, debated, and
fought one another while
"speaking the truth in
love," yet we are no
closer to the grace-filled
life Jesus modeled. Biblical
scholar and popular
podcast host of The Bible
for Normal People, Jared
Byas casts a new vision
for the Christian life that's
built not on certainty, but
on the risk of love. A
biblically-based Christian
life is not grounded in
having all the answers but

in a living relationship. This ultimately shifts our focus from collecting the "right" answers to loving others deeply and authentically. With stories and insights drawn from his years as a pastor, professor, and podcast host, Jared Byas calls us back to the heart of the Bible: that truth is only true when it's lived out in love. In a refreshing voice that's both witty and profoundly revelatory, Jared unpacks the concept of truth, its meaning, and why we so often fight over it. He makes a compelling

case for how what we believe is less important than how we believe it and that, more than anything else, telling the truth in love is about following Jesus. For anyone who has ever felt forced to choose between truth and love, acceptance and rightness, this book offers a path forward beyond truth wars and legalistic religion to a love that matters more. **Size Matters: Why We Love to Hate Big Food** Basic Books Despite food being safer, more affordable and more

available than at any time in human history, consumers are increasingly skeptical and critical of today's food system. In *Size Matters*, Charlie Arnot provides thought provoking insight into how the food system lost consumer trust, what can be done to restore it, and the remarkable changes taking place on farms and in food companies, supermarkets and restaurants every day as technology and consumer demand drive radical change. The very systems and technologies

that are mistrusted by consumers are driving a revolution that empowers individual consumers to

find the perfect recipe of taste and nutrition to meet their specific needs and desires. Size Matters pulls back the curtain to

examine the irony, competing priorities and new realities that shape today's food system.