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# Sugar Baby Hypnosis Turn Any Man With A Pulse Int

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The Lost Village  
 Handbook of Hypnotic Suggestions and Metaphors  
 The Three Waves of Volunteers & the New Earth  
 Clinical Case Studies for the Family Nurse Practitioner  
 Sophie's World  
 Between the World and Me  
 The Rabbit Who Wants to Fall Asleep  
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 New York Magazine  
 Hypnosis for Weight Loss  
 Get Control of Sugar Now!  
 Hypnotize a Tiger  
 I Can Make You Thin  
 The Sugar Baby Bible - Get the Lifestyle You Deserve  
 "Surely You're Joking, Mr. Feynman!": Adventures of a Curious Character  
 Close Your Eyes, Lose Weight  
 Hypnotic Gastric Band & Extreme Weight Loss Hypnosis  
 Sugar Baby: How to Date a Wealthy Man Or Sugar Daddy  
 Human Behavior and Leadership  
 Clinical & Meditative Hypnotherapy  
 Freedom from Emotional Eating  
 12 Rules for Life  
 Psychic Self-Defense  
 Hypnotic Writing

*Sugar Baby Hypnosis Turn Any Man  
With A Pulse Int*

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## AGUIRRE DYER

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*The Lost Village* Ozark Mountain Publishing  
 Audiobook coming soon! From the author of AFRICA and THE W  
 SERIES, a gripping novel that follows Amber Gillingham, an  
 accomplished journalist, as she wrestles with society's  
 expectations about women and motherhood. Everything is  
 perfectly organized in Amber's life: her days at work, in the  
 offices of a prestigious magazine in New York; her time with her  
 beloved husband Mike, and their adventurous vacations around  
 the world. When Amber finds out she is pregnant, her immediate  
 reaction is sheer denial: this can't be true. She always knew she  
 would want children one day, but now it feels so sudden, so  
 unexpected. She tries to play for time, but Mike's reaction to the  
 news, with pure delight and anticipation, is the exact opposite.  
 Wasn't he happy before? Was it all a lie? The news of the  
 pregnancy propagates like circular water waves, from close  
 family to friends, to colleagues, to acquaintances. At each circle,  
 Amber further detaches from the new role society is imposing on

her, and she refuses to comply with the expectation of full  
 submission to the child. At each circle, new voices join the choir  
 of enthusiast celebrations, obstructing Amber's restless attempts  
 to keep control on her life, to remain who she is without losing  
 herself, her husband, or her job. NINE explores the role of women  
 in today's society, the meaning of modern motherhood and how  
 it impacts the relationship between a woman and her companion,  
 her workplace, her friends, her family. Reviewers of NINE say it is  
 a "remarkably candid" and "eye-opening take on the demons and  
 fears of pregnancy", a powerful answer to "what we think it  
 means to be a woman today". Perfect for book clubs! Visit  
[annalisaconti.com](http://annalisaconti.com) for discussion guides and more.

[Handbook of Hypnotic Suggestions and Metaphors](#) National  
 Geographic Books

"The magical book that will have your kids asleep in minutes."

—The New York Post This groundbreaking #1 international  
 bestseller is sure to calm racing minds and make bedtime easy  
 and fun for kids and parents! Do you struggle with getting your  
 child to fall asleep? Do anxiety or worries ever interfere with  
 bedtime? Join parents all over the world who have embraced The  
 Rabbit Who Wants to Fall Asleep as their new nightly routine.

When Roger can't fall asleep, Mommy Rabbit takes him to see Uncle Yawn, who knows just what to do. Children will join Roger on his journey and be lulled to sleep alongside their new friend. Carl-Johan Forssén Ehrlin's simple story uses a unique and distinct language pattern that will help your child relax and fall asleep—at bedtime or naptime. Reclaim bedtime today! "A book whose powerfully soporific effects my son is helpless to resist." —The New York Times New York Times Bestseller USA Today Bestseller Publishers Weekly Bestseller Translated into 46 Languages "On the cover of [The Rabbit Who Wants to Fall Asleep] there's a sign that reads, 'I can make anyone fall asleep'—and that's a promise sleep-deprived parents can't resist." —NPR "For many parents, getting kids to fall asleep can be a nightmare. But [The Rabbit Who Wants to Fall Asleep] . . . promises to make the process easier and help kids to drift off to sleep faster." —CBS News

### **The Three Waves of Volunteers & the New Earth** RH Childrens Books

Who Else Wants to Effortlessly Shape the Way People Think? In the distant past when dinosaurs still roamed the lands, I had a series of corporate jobs. And as unluck would have it, I ended up going to a lot of meetings. In these meetings, decisions were made that would sometimes affect the course of the future for hundreds of employees and millions of customers. That's all fairly typical for a corporation, right? But I noticed something odd. Quite often in these meetings, the decision makers would choose to make decisions that made no sense and were guaranteed to have bad outcomes. This was despite people pointing out all the flaws and what would happen. As you might imagine, when the predicted sequence of events would inevitably unfold, the decision makers were confused. Why did no-one tell us this would happen? they would wail! At the same time, I had become a little obsessed with hypnosis and was spending a lot of my time experimenting with it in every part of my life. Naturally this included work, so I started to wonder what kinds of things I could achieve. And the answer was surprising. Inside this book What hypnotic anchoring really is. Once you appreciate this key point, the entire thing becomes a lot less mysterious and easier to understand. How I exploit a feature of the mind to easily recall information. How to use simple gestures to change the course of someone's thinking. You can use this on just one person, or an entire group at once. How to help your subjects to have the behaviors that you want. The only two things that can cause us to remember something. The exact steps to create an anchor. Why anchors degrade over time and what to do to prevent it. The simple technique I've used to steer corporate meetings without anyone realizing, resolving the issue of bad outcomes from them. Why it is helpful to induce strong emotions in your subject, and what to do when you can't. What to do to make it almost effortless to create strong emotions in others. How to know if your efforts have been effective. The surprisingly simple yet effective technique I've used to steal agreement. How to hypnotize someone by reading a list to them. If you'd like to be able to effortlessly access minds directly in any situation... Or if you want to know how hypnotic anchors and triggers really work... Or even if you just love messing with people and want another tool to add to your kit... Scroll Up and Click the Buy Now Button Right Now!

[Clinical Case Studies for the Family Nurse Practitioner](#) W. W. Norton & Company

Do you want to learn rapid weight loss through hypnosis and meditation? If your answer is yes, you might find this book collection really helpful! Many experts in the field believe that there are all the necessary tools to make hypnosis and meditation for weight loss work. We really don't need a crash

diet. Losing weight is partly about trusting our innate abilities, as we do when we ride a bicycle. Surely we cannot remember the fear we felt the first time we tried to ride a bike, but through the effort, we managed to learn and automate the process. Well, the same goes for hypnosis and meditation, learning to suppress certain impulses will help us lose weight. Hypnosis and meditation usually refer to a state of mind whereby the body is consciously carefree and relaxed, and our spirit is let go of peace and concentration within ourselves. Hypnosis and Meditation does not merely imply sitting or lying down for five to ten minutes in silence but really require careful work. The mind must be relaxed and balanced. At the same time, the brain must be alert so that it does not allow any disturbing thoughts or desires to penetrate. We begin hypnosis and meditation with our effort. Still, when we delve intensely into ourselves, we see that it is not our individual self that allows us to enter the state of meditation. The Supreme or Creator meditates within and through us, with our deliberate attention and permission. This book collection covers the following topics: - Different techniques of hypnosis - Hypnosis session to change bad habits into healthy and positive habits - Weight stigma - Eating disorders - Benefits of meditation - Guided meditation for weight loss - Positive affirmation to master the mind - Frequently asked questions ...And much more Ready to get started? Click "Buy Now"!

**Sophie's World** Farrar, Straus and Giroux

Designed as a practical desktop reference, this official publication of the American Society of Clinical Hypnosis is the largest collection of hypnotic suggestions and metaphors ever compiled. It provides a look at what experienced clinicians actually say to their patients during hypnotic work. A book to be savored and referred to time and again, this handbook will become a dog-eared resource for the clinician using hypnosis.

**Between the World and Me** Allyn & Bacon

New York magazine was born in 1968 after a run as an insert of the New York Herald Tribune and quickly made a place for itself as the trusted resource for readers across the country. With award-winning writing and photography covering everything from politics and food to theater and fashion, the magazine's consistent mission has been to reflect back to its audience the energy and excitement of the city itself, while celebrating New York as both a place and an idea.

[The Rabbit Who Wants to Fall Asleep](#) Workman Publishing Emotional eating is the number-one cause of obesity in the Western world. In a society that fails to meet our human needs, millions of people medicate themselves with second-best solutions—drinking, drugs, shopping, and the Western drug of choice: eating. But Paul McKenna has cracked the code! "Just when I thought there was nothing more to learn about weight loss, I have discovered the most amazing breakthrough ever," says Dr. McKenna. "It's the fastest, safest, most powerful way ever to change the systemic imbalances that cause overeating. This breakthrough will change what you eat, improve how you feel, and massively increase your success in every area of your life." This amazing new system gets beneath the issue of weight loss to eradicate the root cause of overeating. The program in this book, with downloadable video and audio NLP and guided hypnosis techniques, brings about dynamic, lasting change—a gentle breakthrough that transforms your body, your relationship to food, and your entire life one day at a time to bring you freedom, success, and a sense of security and joy that is currently beyond what you can imagine. Paul McKenna can help overweight people escape from the unsatisfying cycle of frustration and self-medication with food. He can help them find the inner strength to feel confident and happy so they can stop being taken advantage of by the hate-your-body diet industry

and feel an inner sense of peace, comfort, and control even in the most challenging situations.

**Asking for a Pregnant Friend** Glitz and Glamour Publishing

In 1945 when the atomic bombs were dropped in WWII, our "protectors" and "watchers" in outer space saw that Earth was on a collision course with disaster. The prime directive of non-interference prevented them from taking any action, but then they came up with a brilliant plan to save Earth and assist her in her ascension. They couldn't interfere from the "outside", but maybe they could influence from the "inside". So the call went out for volunteers to come and help. "Earth is in trouble - who wants to volunteer?" The native souls living on Earth were too caught up on the wheel of karma. The only hope was to ask for pure souls to come who had never been trapped on the karmic cycle. Dolores in her hypnosis work has discovered three waves of these volunteers. Some have come direct from the "Source" and have never lived in any type of physical body before. Others have lived as space beings on other planets or other dimensions. Because all memory is erased upon entry to the Earth dimension, they do not remember their assignment. Thus these beautiful souls have a difficult time adjusting to our chaotic world. These souls have a vital role to play as they help all of the rest of us ascend to the New Earth. \* Characteristics of the Three Waves of Volunteers \* The Difficulties being Experienced by First-Timers \* How the Shift is affecting the Physical Body \* The Roles of ETs and Light Beings in the Shift \* Keepers of the Grid \* The Separation of the Old and New Earth \* What is the New Earth? \* What is the Significance of 2012?

*Street Hypnosis* St. Martin's Griffin

\*BEST MYSTERY/THRILLER FOR THE YEAR\* for NPR "Come for the mounting horror and scares, but stay for a devastating examination of the nature of family secrets." - New York Times book review "[A] scary, highly entertaining debut...that pays homage to Shirley Jackson." - South Florida Sun Sentinel A Most Anticipated Book Goodreads \* Publishers Weekly \* Crime Reads \* Popsugar \* Bookish \* #1 Loanstar Pick in Canada An Indie Next pick! A Library Reads Pick! The Blair Witch Project meets Midsommar in this brilliantly disturbing thriller from Camilla Sten, an electrifying new voice in suspense. Documentary filmmaker Alice Lindstedt has been obsessed with the vanishing residents of the old mining town, dubbed "The Lost Village," since she was a little girl. In 1959, her grandmother's entire family disappeared in this mysterious tragedy, and ever since, the unanswered questions surrounding the only two people who were left—a woman stoned to death in the town center and an abandoned newborn—have plagued her. She's gathered a small crew of friends in the remote village to make a film about what really happened. But there will be no turning back. Not long after they've set up camp, mysterious things begin to happen. Equipment is destroyed. People go missing. As doubt breeds fear and their very minds begin to crack, one thing becomes startlingly clear to Alice: They are not alone. They're looking for the truth... But what if it finds them first? Come find out. "RELENTLESSLY CREEPY." —Alma Katsu, author of *The Hunger* (An NPR Best Horror Novel) "IMPOSSIBLE TO STOP READING." —Ragnar Jonasson, author of *The Island* "Readers will revel in the chills." - Booklist

**Plato and the Divided Self** John Wiley & Sons

A completely revised and updated edition of America's pregnancy bible, the longest-running New York Times bestseller ever. With 18.5 million copies in print, *What to Expect When You're Expecting* is read by 93% of women who read a pregnancy book and was named one of the "Most Influential Books of the Last 25 Years" by USA Today. This cover-to-cover (including the cover!) new edition is filled with must-have information, advice, insight,

and tips for a new generation of moms and dads. With *What to Expect's* trademark warmth, empathy, and humor, it answers every conceivable question expecting parents could have, including dozens of new ones based on the ever-changing pregnancy and birthing practices and choices they face. Advice for dads is fully integrated throughout the book. All medical coverage is completely updated, including the latest on Zika virus, prenatal screening, and the safety of medications during pregnancy, as well as a brand-new section on postpartum birth control. Current lifestyle trends are incorporated, too: juice bars, raw diets, e-cigarettes, push presents, baby bump posting, the lowdown on omega-3 fatty acids, grass-fed and organic, health food fads, and GMOs. Plus expanded coverage of IVF pregnancy, multiple pregnancies, breastfeeding while pregnant, water and home births, and cesarean trends (including VBACs and "gentle cesareans").

**You Can Be Thin** Sphere

Investigates Plato's account of the tripartite soul, looking at how the theory evolved over the Republic, Phaedrus and Timaeus.

**Hypnosis for a Joyful Pregnancy and Pain-Free Labor and Delivery**

W. W. Norton & Company

Contains excerpt of *Whitefern*, sequel to *My sweet Audrina*.

**Hypnosis** Minotaur Books

Hypnotic Gastric Band & Extreme Rapid Weight Loss Hypnosis:

Motivation | Self-Suggestion | Healthy Habits | Forget Sugar Cravings | Beat Food Addiction | Burn Fat in No Time Without Effort! Natural Easy Fast Would you like to: Lose weight fast and kickstart your health? Effortlessly drop sugar and stop emotional eating? Find a completely natural way to start eating well? Yes? Then, it's time to try weight loss hypnosis! Therapists around the world agree that self-hypnosis has the power to change our habits, from smoking to overeating. It's a natural method that's extremely effective and works fast. In this audiobook, you will find out how to use weight loss hypnosis to help you stop any sugar cravings, overcome food addiction and emotional eating, and simply feel like you want to eat less! Now is the time to unlock the secrets of the hypnotic gastric band. This is a fast, natural, and practical way to change your diet. It DOESN'T involve any diets that will starve you, expensive surgery, or complex meal plans. This is only the beginning of what you'll find inside: Why we become obese and overweight and what impact our weight has on our lives Learn how hypnosis works and how to rewire your brain so you stop craving sugary and unhealthy foods Proven techniques and step-by-step instructions that will help you transform your subconscious mind and feel less emotional hunger The 4 essential principles of the hypnotic gastric band and why it's better than the expensive surgery Best ways to change your mindset about eating and how to use simple hypnosis tricks to start craving healthy food Foolproof strategies to build your diet, exercise, and wellness plans so you can change your lifestyle and keep it all up in the longterm AND SO MUCH MORE! Regardless of how many diets you've tried before, self-hypnosis is the one tool that can show real results! Whether you want to lose 100 or 10 pounds, self-hypnosis is all about changing your mindset so you can eat healthy, stay energized, and live a happier life! So Scroll Up, Click on "Buy Now", and Unlock the Secrets of Fast and Effortless Weight Loss!

**What to Expect When You're Expecting** New World Library

The Straight Scoop on the Questions That Make You Blush Why do I feel turned on when breastfeeding? Could an epidural paralyze me? Am I awful for feeling sad my baby isn't the sex I'd hoped for? In this comprehensive new book, doula and birth educator Bailey Gaddis offers frank girlfriend talk and expert advice about pregnancy, childbirth, and early motherhood. During her own pregnancy, Bailey had many unanswered

questions she felt were too taboo or embarrassing to ask. To help other women have a more informed, less cringey experience, she went on to train as a birth professional, and her work has inspired this book. Bailey consulted with medical experts and psychologists to ensure accurate answers to the featured questions, and she presents her sought-after expertise to you with thoughtfulness and humor. Her accurate, nonjudgmental answers to even the most embarrassing or scary questions will help guide you through pregnancy and the first weeks of motherhood with greater calm and confidence.

#### **Hypnotic Gastric Band** RosettaBooks

More than 50 percent of Americans are overweight and looking for a solution. At last, there has been a weight-loss breakthrough that's easy and has a significant success rate: Paul McKenna's Hypnotic Gastric Band. Gastric band surgery, a radical operation that reduces the available space in the stomach, is a drastic—though often highly effective—treatment that's often a last resort. Hypnotic Gastric Band offers similar results without the risks of surgery: this psychological procedure works to convince the unconscious mind that a gastric band has been put in place, helping the body to behave as if a band were physically present—so it's easy to eat less and lose weight at last, while still feeling completely satisfied. Dr. McKenna spent years researching this groundbreaking process with leading medical experts in weight loss. He describes it as "the closest thing to real magic I have ever experienced," except this procedure isn't magic, it's grounded in solid science. All our decisions about food are made in the mind, which in many ways is like a computer. Hypnosis helps to reprogram the "computer" so that when people eat, they feel full faster. With the Hypnotic Gastric Band there is no dangerous physical surgery, no forbidden food, and no miserable dieting. Instead, the Hypnotic Gastric Band helps people make healthier food choices, enjoy their food more, and eat less without effort and without feeling deprived. The book comes with free digital downloads of guided hypnosis and detailed instructions to install your Hypnotic Gastric Band and to adjust it as the weight comes off. Just read the short book, then download the essential 25-minute hypnotic trance and start reprogramming your mind to eat less.

#### **The Manchurian Candidate** Cambridge University Press

Hypnotherapy is quickly becoming an extremely valuable tool in almost all aspects of mind-body health at the clinical, psychological, and psychiatric levels. This book is written with professionals in clinical hypnosis and other alternative mind-body therapists in mind, however individuals can also use it for self-help to stop smoking, lose weight, reduce pain, improve memory, relieve headaches and allergies, understand and reduce stress, eliminate stuttering, enhance self-esteem, overcome fears and phobias, cope with cancer, and many more mind-body symptoms. The book gives simple and practical techniques to quit smoking with and also without using hypnosis, as well as discusses how to understand and resolve stress, rather than just managing and reducing it. The author also discusses dreams - how to understand, interpret and use them for mind-body health. The approach adopted in all the techniques recommended in this book is scientific, meditative, and simple to follow.

#### *Nine* Viceroy Publishing

Have you been looking to lose weight, belly fat, baby fat, bingo wings and love handles but have tried all manner of strategies or hacks with little or no sustainable success? And are you looking for a method that actually works, one that will not require you putting yourself through unnecessary risks and one that won't require impossible amounts of willpower to pull off? If you've answered YES, keep reading... You Are about to Discover How to Make Weight Loss Easier than You've Ever Thought Possible By

Leveraging The Power Of Hypnosis! By nature, women tend to lose weight slower than men for a myriad of reasons, including lower metabolism rates, muscle composition and even social factors- and I'm sure you already know that. Unfortunately, most fat loss methods, including all those popular diets tend to ignore this fact and address both gender, leading to poor adaptation and coping challenges in women, yo-yo dieting and giving up. Ever tried a weight loss program and went through so much pain, distress and other enervating challenges that you gave up, thinking you were the problem? Well, turns out that the method was the challenge- and all you've ever needed was a feminine or women-friendly method, which is none other than Hypnosis. Besides proving it to be a female-friendly method of weight loss, studies actually assert that people who use it lose weight more than twice as much as their counterparts who diet without this therapy. But what is hypnosis exactly? What does it entail? Is it something I can do alone? How do I get started with it? What are the dos and don'ts of this method? If such questions are popping in your mind right now, you're in luck, because this book is here to address them and many others comprehensively. Here's a bit of what you'll learn: What hypnosis is and how it has developed over time, since inception The different types of hypnosis Why you need hypnosis Why it's possible to lose weight How to get started with weight loss the right way How to reclaim your power over food and reconnect with your body How to train your brain to burn fat quickly How hypnosis works by tackling factors that hinder weight loss How to use hypnosis to control weight The best 12-week hypnotherapy program you need follow for optimal results How to eat properly to burn fat and lose weight How you need to change your cooking style for optimal results How to exercise to lose weight How to meditate to lose weight and build healthy eating habits The available medical and non-medical treatments for weight loss ...And much more! Even if you are an emotional and unconscious eater, have tried all methods of weight loss without success, consider yourself as lacking the motivation to follow through with a dieting plan and want a sustainable method for a change, you will find this book life changing. What's more; it takes a beginner friendly easy, practical approach to assure you positive, instant results! Don't wait any longer.... Scroll up and click Buy Now With 1-Click or Buy Now to get your copy to benefit in all these ways and more!

#### *Suggestible You* Youcanprint

Wall Street Journal bestseller If dieting always seems to fail . . . If you can't stick to a workout routine . . . If you lose weight just to gain it back immediately . . . Your subconscious might be the problem. Forget everything you think you know about hypnosis based on party tricks and television silliness. Genuine hypnotherapy is a serious, scientifically proven method of influencing our hard-to-reach subconscious. Many people are skeptical at first, but if nothing you've tried has worked, you owe it to yourself to try an approach that has helped thousands around the world. Close Your Eyes, Lose Weight uses the scientifically proven process of hypnotherapy to empower you to lose weight for healthful reasons. Guided exercises recondition your mind to let you effortlessly: • Eat mindfully • Overcome addictions to sugar and carbs • Stop binge eating • Heal body dysmorphia • Release emotional weight Rather than simply aiming for a number on the scale, Close Your Eyes, Lose Weight helps you achieve the self-confidence to love yourself enough to appreciate your incredible body and the conviction to live your life with pride. World-renowned hypnotherapist Grace Smith will give you the tools you need to train your subconscious mind to eat only the foods that nourish your body, mind, and life.

#### *Artful Hypnotic Anchoring* BenBella Books

This is a second edition of a thirty-year old classic. The author has

50 years of experience in using hypnosis for psychological as well as medical reasons. He has been teaching the usage of hypnosis techniques for over 30 years. This is written as a handbook – it's a quick, easy read. Details basic information and background on hypnosis, explains methods, guidelines, and then goes in-depth into uses in pain relief, surgery, dental, and pregnancy issues. It also covers working with habits and self-hypnosis techniques. In-depth coverage of the benefits and usage of ideomotor techniques. Psychologists, doctors, and dentists who use hypnosis in their practices. The general lay public is also the market due to the easy readability of the book and the chapter on self-hypnosis. A Longwood Professional Book.

*A Gold Digger's Guide* Youcanprint

Pregnancy is filled with many joys and much wonder. But this miraculous journey can also be accompanied by a good deal of fear and anxiety. Will my pregnancy be difficult? Will my labor be painful? Will I be a good mother? While Hypnosis for a Joyful

Pregnancy and Pain-Free Labor and Delivery will not be able to provide answers to all of the unknowns, this unique and innovative book can teach you how to lessen the common complaints of pregnancy and ease the pain of childbirth. Step-by-step, you will learn how to use hypnosis to induce a state of calm and comfort during any stage of the journey. Hypnosis is a natural form of anesthesia, providing the added bonus is that you may get to fully experience the joy of childbirth, without the use of an epidural or narcotics. Discover: -Are you a good candidate for hypnosis...will it work for you? -Creative scripts for inducing a hypnotic state. -How to put together a birthing team, including finding a qualified hypnotherapist. -Tricks to treating morning sickness, heartburn, excessive weight gain, insomnia, leg cramps, and other discomforts of pregnancy. -When things don't go as planned; what to do if anesthesia is necessary. Isn't it time you learned about all of your options? Hypnosis for a Joyful Pregnancy and Pain-Free Labor and Delivery arms you with what you need to know to make the best decision for you and your unborn baby.