
The Second Half

The Story of Success
 Living an Examined Life
 Awakening Human Potential in the Second Half of Life
 The Ultimate Guide to Choosing a Home for the Second Half of Life
 Catch-22
 Growing Deeper in Faith and Wider in Love
 How to Finally, Really Grow Up
 Muslim Sources on the Magyars in the Second Half of the 9th Century
 The Near East in the Second Half of the Seventh Millennium BCE
 Wisdom for the Second Half of the Journey
 A Novel
 Sword & Citadel
 From Strength to Strength
 The Second Half of Life
 Paintings, Drawings and Prints up to the Nineteenth Century
 Second Wind for the Second Half
 Opening the Eight Gates of Wisdom
 Forty Women Reveal Life After Fifty
 Protect Your Family!
 Wealth for the Second Half of Life
 Social Integration in the Second Half of Life
 The Second Half of the Mountain
 Keane
 The Creative Age
 Implicit Pedagogy for Optimized Learning in Contemporary Education
 How to Make a Living and a Difference in the Second Half of Life
 Playing Life's Second Half
 Halftime
 The Second Half
 Surviving Loss and Finding the Magic in the Missing
 Second Half
 Beyond Halftime
 The Road to Wigan Pier
 The Second Half of the Gospel
 You: Part Two
 into the second half of your life (before it's too late)
 The Magyar Chapter of the Jayhānī Tradition
 A Man's Guide for Turning Success Into Significance
 Transylvania in the Second Half of the Thirteenth Century

The Second Half

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The Story of Success Springer

Want to turn back your biological clock? Would you like to lose that roll around your middle? Think you are destined to fall apart as you age? Think again! It's a common yearning for most of us over 40: we want to be healthy, we want more energy, and we still want to feel good about ourselves as we age. Most of us don't mind getting older, we just want to do it the best way possible. This amazingly youthful 56 year-old health coach and fitness guru feels the same way you do. She has learned how to stave off the normal decay associated with aging and has been teaching her clients the same. Now, in her first book, she shares her wisdom for turning back your biological clock and finding happiness in the second half of life. The perfect book for your nightstand. Jan Rodenfels (a.k.a. JanYourCoach) serves up bite-sized portions of wisdom to motivate you to integrate better practices for a healthier mind, body, and spirit. The portions are perfect for bedtime reading, concise and to the point. You will love the practical tips to not just survive but to actually thrive.

You will learn to: * Eat healthier, learn what to eat, and enjoy your food more. * Take charge of your health and lose weight. * Create strategies to eat better. * Find exercise you will love. * Motivate yourself. * Take strong, informed, deliberate action to see change. * Forgive yourself and others. * Embrace your birthday. * Nourish your spirit. Bonus: the book includes 20 of the author's favorite plant based recipes.

Living an Examined Life JHU Press

Thousands of readers have found an exciting new vision for the second half of life in the bestselling book, *Halftime*. Bob Buford showed us that we aren't experiencing a midlife crisis that's winding us down to our retirement years, but a break in the game that can prepare us for the most exciting half of life. In *Game Plan*, Buford gives you a practical way to move from success to significance and create an individual strategy that can get you where you want to be five . . . ten . . . twenty . . . thirty . . . or more years from now. If you sense it's time for a positive change in your life, *Game Plan* gives you the tools to uncover your best self, aim for your highest dreams, and make your career and personal life more meaningful and fulfilling than ever.

Awakening Human Potential in the Second Half of Life Penguin
Your midlife doesn't have to be a crisis. In fact, the second half of

your life can be better than the first. Bob Buford's bestseller shows you how. What do you want to do with the rest of your life? In *Halftime*, Buford provides the encouragement and insight to propel your life on a new course to true significance--and the best years of your life. Buford focuses on this important time of transition to the second half of your life, leading you to . . . Take stock of your successes and accomplishments thus far Redefine significance and what it means to you Identify your personal goals Develop a mission for serving God in the second half of your life And more This updated and expanded 20th Anniversary edition also includes new questions for reflection or discussion at the end of each chapter, brand new "halftime" stories of men and women enjoying a second half of significance, specific halftime assignments to guide readers into their second-half mission, and more.

The Ultimate Guide to Choosing a Home for the Second Half of Life Oxford University Press, USA

"The author shares his insider knowledge of housing options to help older adults make the best decision about their place of residence by evaluating factors such as financial budget, health, and family considerations. He provides a step-by-step approach to evaluating one's current living situation and then reviews the different options to consider, including aging in place, downsizing, community living, and more"--

Catch-22 Penguin

In addition to the content prescribed by the official curriculum of any given educational establishment, students learn other information and skills outside of the intended and taught information (such as sharing, communication, and conflict-resolution). These learned skills, otherwise unaccounted for in the education process, can be considered as a part of a hidden or unwritten curriculum. *Implicit Pedagogy for Optimized Learning in Contemporary Education* is a pivotal reference source that provides vital research on the application of assessment methods for the evaluation of indirect and direct educational methods. While highlighting topics such as language development, teacher agency, and learning process, this publication explores hidden curricula as well as the methods of learning outside of the prescribed school curriculum. It is ideally designed for educators, administrators, students, and researchers seeking current research on the effect of hidden curricula on the education process.

Growing Deeper in Faith and Wider in Love New Harbinger Publications Incorporated

The Road to Wigan Pier is Orwell's 1937 study of poverty and working-class life in northern England.

How to Finally, Really Grow Up Zondervan Publishing Company

Discover how to make the second half of your life happy and productive with this perceptive and inspiring guidebook that will help you achieve your dreams and get more out of life—whether or not retirement is in your future plans. We are living in a time when everyone is constantly reassessing what is next for them. In the mid-career group, people who have spent years working are now seeing their industry dramatically evolve and are facing the question: "What does that mean for me in the next twenty years?" At the same time, the post-career population is also going through massive change and dealing with the fact that many of them are not prepared financially, logistically, or emotionally for the next phase of their lives. And while we may want to retire, most of us don't want to do nothing. With expert insight and approachable techniques, *Roar* will help you identify fresh goals and take meaningful action to achieve a purposeful life. Featuring a unique and dynamic 4-part process, *Roar* will show you how to: - Reimagine yourself - Own who you are - Act on what's next - Reassess your relationships Transformative and

invigorating, this is the ultimate roadmap to the latest journey of your life.

Muslim Sources on the Magyars in the Second Half of the 9th Century IGI Global

Describes how one's direction and goals can become unclear during mid-life, and offers advice and personal insight into how to take this time as an opportunity to redefine one's vision and goals

The Near East in the Second Half of the Seventh Millennium BCE Harper Collins

A renowned psychiatrist explains how to identify and promote our inner creativity in order to awaken human potential, growth, and personal fulfillment at mid-life and beyond. Reprint. 35,000 first printing.

Wisdom for the Second Half of the Journey Zondervan

Provides guidelines to starting a second career during middle age, including tips on how to plan the transition from one career to another, salary and education requirements, and finding a new career that makes an impact on society.

A Novel Zondervan

How do you define "growing up"? Does it mean you achieve certain cultural benchmarks—a steady income, paying taxes, marriage, and children? Or does it mean leaving behind the expectations of others and growing into the person you were meant to be? If you find yourself in a career, place, relationship, or crisis you never foresaw and that seems at odds with your beliefs about who you are, it means your soul is calling on you to reexamine your path. With *Living an Examined Life*, James Hollis offers an essential guidebook for anyone at a crossroads in life Here this acclaimed author guides you through 21 areas for self-inquiry and growth—such as how to exorcise the ghosts of your past, when to choose meaning over happiness, how to construct a mature spirituality, and how to seize permission to be who you really are With his trademark eloquence and insight, Dr. Hollis offers a potent resource you'll return to time and again to energize and inspire you on your journey to create a life of personal authority, integrity, and fulfillment.

Sword & Citadel Workman Publishing

Your children are gone or leaving soon. It's time to focus once again on your own future and especially on your marriage. What's in store for the second half? David and Claudia Arp provide answers and practical help in this groundbreaking book. Drawing on their national survey of hundreds of "second-half" couples, the Arps reveal eight marital challenges every long-term marriage faces, and they offer strategies and exercises for meeting each of them. *The Second Half of Marriage* will challenge you to create a vision for the rest of your life together -- and inspire you to make that vision a reality.

From Strength to Strength ReadHowYouWant.com

What happens when you've done all you know how to do, the paved paths end, and you still feel like you're missing something? *The Second Half of the Mountain* offers a practical and magical approach to recognizing and working with the deeper and often-confusing inner processes that happen after awakening. In this guidebook, McCall Erickson combines bits of personal story with the timeless building blocks of alchemy to outline the journey for the awakened traveler through the dark nights of the soul and beyond, not as "the way," but as a guide to help you make your own way where it sometimes feels there is no way.

The Second Half of Life Simon and Schuster

Presents the contemporary classic depicting the struggles of a U.S. airman attempting to survive the lunacy and depravity of a World War II base

Paintings, Drawings and Prints up to the Nineteenth Century Random House

The second half of the seventh millennium BC saw the demise of the previously affluent and dynamic Neolithic way of life. The period is marked by significant social and economic transformations of local communities, as manifested in a new spatial organization, patterns of architecture, burial practices, and in chipped stone and pottery manufacture. This volume has three foci. The first concerns the character of these changes in different parts of the Near East with a view to placing them in a broader comparative perspective. The second concerns the social and ideological changes that took place at the end of Neolithic and the beginning of the Chalcolithic that help to explain the disintegration of constitutive principles binding the large centers, the emergence of a new social system, as well as the consequences of this process for the development of full-fledged farming communities in the region and beyond. The third concerns changes in lifeways: subsistence strategies, exploitation of the environment, and, in particular, modes of procurement, consumption, and distribution of different resources.

Second Wind for the Second Half JHU Press

In Transylvania in the Second Half of the Thirteenth Century Tudor Salagean describes the rise of Regnum Transilvanum, a historical link between the early medieval regnum Erdewel of duke Gyula and the early modern Principality of Transylvania.

Opening the Eight Gates of Wisdom FaithWords

I had the pleasure of coordinating the writing of this book and hand selecting this group of leading elder care attorneys from across the United States. It was an honor to work with these leading lawyers, and I want to thank each of them for sharing their knowledge and experience with the readers of this book. -- Julieanne E. Steinbacher, Certified as an Elder Law Attorney by the National Elder Law Foundation

Forty Women Reveal Life After Fifty Sounds True

Success Is Great. But Significance Is Lasting. You've achieved a measure of success in the first half of life, and it's been a thrill. But deep in your heart, you want your second half to count for something far more. Something bigger than you. Significance. You're not alone; you're in "Halftime." You want to discover where your deepest passions intersect with your greatest abilities and harness them to help change the world. But what does significance look like? How do you attain it? What will it cost you? What if you are not yet financially independent? Who can help you make sense out of this stage of life? Lloyd Reeb knows how it is. He's wrestled with the same questions—and found answers. In *From Success to Significance*, he unfolds a blueprint that has helped thousands of men and women redefine success and infuse their lives with eternal significance. Adapt Reeb's approach to your circumstances and, with God's help, put it in motion. It works, and it will work for you. Discover God's unique purpose for your life. Your talents, your drives, and everything you are will make sense in a new way and have an impact you've never dreamed of. Go ahead, start dreaming. Because significance is within your reach, and it starts by finding the freedom to dream. "Many people measure their success by wealth, recognition, power, and status. There's nothing wrong with those, but if that's all you're focused on, you're missing the boat. Lloyd Reeb shows that if you focus on significance—using your time and talent to serve others—that's when truly meaningful success can come your way."

Protect Your Family! Simon and Schuster

"The Second Half explores, in portraits and interviews, how the second half of life is experienced by women from many cultures"-

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Wealth for the Second Half of Life The Second HalfForty Women Reveal Life After Fifty"The Second Half explores, in portraits and interviews, how the second half of life is experienced by women from many cultures"--Second HalfSurviving Loss and Finding the Magic in the MissingKelsey Chittick was in a very good place in her life. Her children had reached that sweet spot where they could make their own breakfast and dress themselves, but didn't yet have phones or social media. Her husband, the love of her life since college, had finished a grueling six years in the NFL and had successfully transitioned into a new career which he loved. They lived in the quaint, beautiful town of El Segundo, California.

Everything was good, and in her mind, they had arrived. But yet something felt wrong. She spent her days feeling anxious and woke up feeling as if she couldn't breathe. At times, she thought she was losing her mind. Then one day, tragedy struck. On 11/11, her husband Nate a huge, happy, intense, and passionate man—dropped dead at 42 in front of her kids. Kelsey's biggest fear had come true and she had to decide how to move forward. Through miracles, gifts and a clear intention, she began to walk the journey of grief with her children resolved that they would not just survive, but thrive. In *Second Half, Surviving Loss and Finding Magic in the Missing*, writer and comedian Kelsey Chittick pays a heartfelt and hilarious tribute to Nate Hobgood Chittick's tremendous spirit, muses about marital life and co-parenting, and shares her own dark and inspiring journey through heartbreak and loss. *Second Half* is Kelsey's story of turning his death into an affirmation of life, the power of love, and the pursuit of peace and gratitude. *The Second Half* A Novel

Bestselling author Lauraine Snelling shares a heartfelt story of a couple who put their plans for a peaceful retirement on hold to assume guardianship of their young grandchildren. Mona and Ken Sorenson are approaching the best years of their lives. Mona's greatest concern is that Ken will learn of the surprise party she's planning for his retirement from his job as Dean of Students at Stone University. They've already been making plans to travel, spend limitless hours in the garden, and Ken is looking forward to working on his woodworking and fishing with his grandchildren. It's what they deserve after years of careful planning. But things begin to unravel when Ken learns that office politics are about to destroy his department. Can he really just leave, abandoning the work he spent a lifetime achieving? Mona is eager to build her event planning business with Ken's help, but rather than supporting her, he expresses concern that the stress of the work will send her back into the depression she struggles with. Then, just days before Ken's last official day of work, their son, a Special Forces officer in the Army, learns he's being immediately deployed on a six-month mission in Pakistan. Since his wife left him, the only people he trusts to care for his two young children are his parents. In an instant, everything Ken and Mona spent their lives planning changes, and they will need to find strength, both physical and mental, to become parents once more. This is not the second half they wanted, and when their son fails to contact them as planned, they struggle to trust that it is God's plan, not theirs, that matters most.